

*Authors' Social Media Mastery Series*



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Ruth L. Snyder

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People are always looking for quotes. By using these  
quotes you should be able to grow your following on  
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## Quotes on Writing

- Write down the thoughts of the moment. Those that come unsought for are commonly the most valuable. Francis Bacon
- If I don't write to empty my mind, I go mad. Lord Byron
- Writing is a way of talking without being interrupted. Jules Renard
- There are thousands of thoughts lying within a man that he does not know till he takes up the pen and writes. Thackeray
- More than kisses, letters mingle souls. John Donne
- True ease in writing comes from art, not chance, as those who move easiest have learn'd to dance. A Pope
- The words that enlighten the soul are more precious than jewels. Hazrat Inayat Khan
- You will have written exceptionally well if, by skilful arrangement of your words, you have made an ordinary one seem original. Horace
- The art of writing is the art of discovering what you believe. Gustave Flaubert
- Either write something worth reading or do something worth writing. Benjamin Franklin
- Words are only painted fire; a book is the fire itself. Mark Twain
- Words without thoughts never to heaven go. William Shakespeare
- Reading makes a full man, conference a ready man, and writing an exact man. Francis Bacon
- Our admiration of fine writing will always be in proportion to its real difficulty and its apparent ease. Charles Caleb Colton
- I always write a good first line, but I have trouble in writing the others. Moliere
- To be a well-flavored man is the gift of fortune, but to write or read comes by nature. William Shakespeare
- Fill your paper with the breathings of your heart. William Wordsworth
- Writing is a socially acceptable form of schizophrenia. E.L. Doctorow

- The role of a writer is not to say what we all can say, but what we are unable to say. Anaïs Nin
- If there's a book you really want to read, but it hasn't been written yet, then you must write it. Toni Morrison
- I'm not a very good writer, but I'm an excellent rewriter. James Michener
- The wastebasket is a writer's best friend. Isaac Bashevis Singer
- Fill your paper with the breathings of your heart. William Wordsworth
- Easy reading is damn hard writing. Nathaniel Hawthorne
- A writer is someone who can make a riddle out of an answer. Karl Kraus

## Quotes on Food / Eating / Dieting

- Don't dig your grave with your own knife and fork. English Proverb
- One should eat to live, not live to eat. Cicero, Rhetoricorum LV
- Avoid any diet that discourages the use of hot fudge. Don Kardong
- I never worry about diets. The only carrots that interest me are the number you get in a diamond. Mae West
- The biggest seller is cookbooks and the second is diet books - how not to eat what you've just learned how to cook. Andy Rooney
- Gluttony is an emotional escape, a sign something is eating us. Peter De Vries
- It is a hard matter, my fellow citizens, to argue with the belly, since it has no ears. Plutarch
- I have gained and lost the same ten pounds so many times over and over again my cellulite must have déjà vu. Jane Wagner
- You know it's time to diet when you push away from the table and the table moves. Quoted in The Cackle Bur
- If food is your best friend, it's also your worst enemy. Edward Grandpa Jones
- I lied on my Weight Watchers list. I put down that I had 3 eggs... but they were Cadbury chocolate eggs. Caroline Rhea
- To promise not to do a thing is the surest way in the world to make a body want to go and do that very thing. Mark Twain
- My advice if you insist on slimming: Eat as much as you like - just don't swallow it. Harry Secombe
- I am not a glutton - I am an explorer of food. Erma Bombeck
- Forget about calories - everything makes thin people thinner, and fat people fatter. Mignon McLaughlin
- In general, mankind, since the improvement of cookery, eats twice as much as nature requires. Benjamin Franklin
- Clogged with yesterday's excess, the body drags the mind down with it. Horace

- We never repent of having eaten too little. Thomas Jefferson
- It would be far easier to lose weight permanently if replacement parts weren't so handy in the refrigerator. Hugh Allen
- A waist is a terrible thing to mind. Tom Wilson
- The leading cause of death among fashion models is falling through street grates. Dave Barry
- My doctor told me to stop having intimate dinners for four. Unless there are three other people. Orson Welles
- The only way to lose weight is to check it as airline baggage. Peggy Ryan
- Fat is not a moral problem. It's an oral problem. Jane Thomas Noland
- There is a charm about the forbidden that makes it unspeakably desirable. Mark Twain
- Probably nothing in the world arouses more false hopes than the first four hours of a diet. Dan Bennett
- Vegetables are a must on a diet. I suggest carrot cake, zucchini bread, and pumpkin pie. Jim Davis
- Nothing would be more tiresome than eating and drinking if God had not made them a pleasure as well as a necessity. Voltaire
- We think fast food is equivalent to pornography, nutritionally speaking. Steve Elbert
- Shipping is a terrible thing to do to vegetables. They probably get jet-lagged, just like people. Elizabeth Berry
- No man in the world has more courage than the man who can stop after eating one peanut. Channing Pollock
- Red meat is not bad for you. Now blue-green meat, that's bad for you! Tommy Smothers
- As a child my family's menu consisted of two choices: take it or leave it. Buddy Hackett
- The bagel, an unsweetened doughnut with rigor mortis. Beatrice & Ira Freeman
- The belly rules the mind. Spanish Proverb

- The poets have been mysteriously silent on the subject of cheese. G.K. Chesterton
- All happiness depends on a leisurely breakfast. John Gunther
- Never work before breakfast; if you have to work before breakfast, eat your breakfast first. Josh Billings
- It's difficult to think anything but pleasant thoughts while eating a homegrown tomato. Lewis Grizzard
- In Mexico we have a word for sushi: bait. José Simons
- Eat little, sleep sound. Iranian Proverb
- A nickel will get you on the subway, but garlic will get you a seat. Old New York Proverb
- I eat merely to put food out of my mind. N.F. Simpson
- Dyspepsia is the remorse of a guilty stomach. A. Kerr
- We are living in a world today where lemonade is made from artificial flavors and furniture polish is made from real lemons. Alfred Newman
- If we're not willing to settle for junk living, we certainly shouldn't settle for junk food. Sally Edwards
- Hey yogurt, if you're so cultured, how come I never see you at the opera? Attributed to Stephen Colbert
- What is patriotism but the love of the food one ate as a child? Lin Yutang
- He who distinguishes the true savor of his food can never be a glutton; he who does not cannot be otherwise. Henry David Thoreau
- I will not eat oysters. I want my food dead - not sick, not wounded - dead. Woody Allen
- We load up on oat bran in the morning so we'll live forever. Then we spend the rest of the day living like there's no tomorrow. Lee Iacocca
- Condensed milk is wonderful. I don't see how they can get a cow to sit down on those little cans. Fred Allen
- Good bread is the most fundamentally satisfying of all foods; good bread with fresh butter, the greatest of feasts! James Beard
- You are what you eat. For example, if you eat garlic you're apt to be a hermit. Franklin P. Jones



- After dinner sit a while, and after supper walk a mile. English Saying
- Vegetables are the food of the earth; fruit seems more the food of the heavens. Sepal Felicivant
- The colors of a fresh garden salad are so extraordinary, no painter's pallet can duplicate nature's artistry. Dr. SunWolf
- Strawberries are the angels of the earth, innocent and sweet with green leafy wings reaching heavenward. Terri Guillemets
- Tell me what you eat, I'll tell you who you are. Anthelme Brillat-Savarin
- The more you eat, the less flavor; the less you eat, the more flavor. Chinese Proverb
- An onion can make people cry, but there has never been a vegetable invented to make them laugh. Will Rogers
- Hunger: One of the few cravings that cannot be appeased with another solution. Irwin Van Grove
- Training is everything. The peach was once a bitter almond; cauliflower is nothing but cabbage with a college education. Mark Twain
- And, of course, the funniest food of all, kumquats. George Carlin
- Avoid fruit and nuts. You are what you eat. Jim Davis
- All sorrows are less with bread. Miguel de Cervantes, Don Quixote
- Food for thought is no substitute for the real thing. Walt Kelly
- He that eats till he is sick must fast till he is well. English Proverb
- The spirit cannot endure the body when overfed, but, if underfed, the body cannot endure the spirit. St Frances de Sales
- Whatsoever was the father of a disease, an ill diet was the mother. George Herbert
- Life expectancy would grow by leaps and bounds if green vegetables smelled as good as bacon. Doug Larson
- Never eat more than you can lift. Miss Piggy
- The first wealth is health. Ralph Waldo Emerson
- A man too busy to take care of his health is like a mechanic too busy to take care of his tools. Spanish Proverb

- Wisdom is to the mind what health is to the body. Francois De La Rochefoucauld
- He who enjoys good health is rich, though he knows it not. Italian Proverb
- I've been on a diet for two weeks and all I've lost is two weeks. Totie Fields
- Self delusion is pulling in your stomach when you step on the scales. Paul Sweeney
- Let us eat and drink, for tomorrow we diet. Wendy Morgan
- He was a bold man that first ate an oyster. Jonathan Swift

## Quotes on Health / Fitness / Exercise

- Never trust a skinny cook. Iain Hewitson (Australian Celebrity Cook)
- Tell me your heroes and I'll tell you how your life will end up.  
Warren Buffet
- Always remember Goliath was a 40 point favorite over David. Shug Jordan
- I like long walks, especially when they are taken by people who annoy me. Fred Allen
- Cleaning your house while your kids are still growing is like shoveling the walk before it stops snowing.- Phyllis Diller
- If you read a lot of books, you're considered well-read. But if you watch a lot of TV, you're not considered well-viewed. Lily Tomlin
- Books serve to show a man that those original thoughts of his aren't very new after all. Abraham Lincoln
- Those who think they have not time for bodily exercise will sooner or later have to find time for illness. Edward Stanley
- Fitness - if it came in a bottle, everybody would have a great body.  
Cher
- A man's health can be judged by which he takes two at a time - pills or stairs. Joan Welsh
- I have to exercise in the morning before my brain figures out what I'm doing. Marsha Doble
- My idea of exercise is a good brisk sit. Phyllis Diller
- People say that losing weight is no walk in the park. When I hear that I think, yeah, that's the problem. Chris Adams
- Whenever I feel like exercise, I lie down until the feeling passes.  
Robert M. Hutchins
- What fits your busy schedule better, exercising one hour a day or being dead 24 hours a day? Randy Glasbergen, Cartoonist
- Exercise and temperance can preserve something of our early strength even in old age. Cicero (106 BC-43 BC)

- Exercise is bunk. If you are healthy, you don't need it: if you are sick you shouldn't take it. Henry Ford
- Patients should have rest, food, fresh air, and exercise - the quadrangle of health. William Osler
- We do not stop exercising because we grow old - we grow old because we stop exercising. Dr. Kenneth Cooper
- The will to win means nothing without the will to prepare. Juma Ikangaa, Tanzanian marathoner
- Don't get so stuck in your ways that you can't change. Sam Walton
- Even when experts all agree, they may be mistaken. Bertrand Russell
- In spite of all the cost of living, it's still popular. Kathleen Norris
- The health of nations is more important than the wealth of nations. Will Durant
- When the only tool you have is a hammer, you tend to view everything as a nail. Abraham Maslow
- I don't exercise. If God had wanted me to bend over, he would have put diamonds on the floor. Joan Rivers
- Exercise is done against one's wishes and maintained only because the alternative is worse. George Sheehan
- I have never taken any exercise except sleeping and resting. Mark Twain
- It's amazing how quickly the kids learn to drive a car, yet are unable to understand the lawnmower, snowblower or vacuum cleaner. Ben Bergor
- Have no fear of perfection-you'll never reach it. Salvador Dali
- The trouble with jogging is that by the time you realize you're not in shape for it, it's too far to walk back. Franklin Jones
- In my day, we couldn't afford shoes, so we went barefoot. In the winter we had to wrap our feet with barbed wire for traction. Bill Flavin
- I am not a vegetarian because I love animals. I am a vegetarian because I hate plants. A. Whitney Brown
- The biggest liar in the world is the golfer who claims he plays the game for exercise. Tommy Bolt

- If the English language made any sense, lackadaisical would have something to do with a shortage of flowers. Doug Larson
- Nobody cares how much you know, until they know how much you care. Theodore Roosevelt
- Knowing is not enough, we must apply. Willing is not enough, we must do. Bruce Lee
- Money is the most envied, but the least enjoyed. Health is the most enjoyed, but the least envied. Charles Caleb Colton
- Old people have fewer diseases than the young, but their diseases never leave them. Hippocrates
- Older people shouldn't eat health food, they need all the preservatives they can get. Robert Orben
- No rest is worth anything except the rest that is earned. Jean Paul
- Rest is a good thing, but boredom is its brother. Voltaire
- Rest is the sweet sauce of labor. Plutarch
- Sometimes the most urgent and vital thing you can possibly do is take a complete rest. Ashleigh Brilliant
- A happy life must be to a great extent a quiet life, for it is only in an atmosphere of quiet that true joy can live. Bertrand Russell
- As you walk down the fairway of life you must smell the roses, for you only get to play one round. Ben Hogan
- Enjoy the journey, enjoy every moment, and quit worrying about winning and losing. Matt Biondi
- Every minute should be enjoyed and savored. Earl Nightingale
- For every minute you are angry you lose sixty seconds of happiness. Ralph Waldo Emerson
- Grief can take care of itself, but to get the full value of joy you must have somebody to divide it with. Mark Twain
- Happiness consists in activity. It is a running stream, not a stagnant pool. John Mason Good
- True enjoyment comes from activity of the mind and exercise of the body; the two are united. Alexander von Humboldt
- Health is the vital principle of bliss, and exercise of health. James Thomson

- The body of man is a machine which winds its own springs. J. O. De La Mettrie
- To begin, begin. Peter Nivio Zarlenga
- A good beginning makes a good end. English Proverb
- Begin -- to begin is half the work, let half still remain; again begin this, and thou wilt have finished. Decimus Magnus Ausonius
- The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind. William James
- Bad excuses are worse than none. Thomas Fuller

## Quotes on Age / Aging

- Age is opportunity no less than youth itself. Henry Wadsworth Longfellow
- Every man over forty is a scoundrel. George Bernard Shaw
- The first forty years of life give us the text: the next thirty supply the commentary. Arthur Schopenhauer
- Life begins at forty. W. B. Pitkin
- Age is a matter of feeling, not of years. George William Curtis
- Forty is the old age of youth; fifty is the youth of old age. Victor Hugo
- The I just woke up face of your 30s is the all day long face of your 40s. Libby Reid
- At 20 years of age the will reigns; at 30 the wit; at 40 the judgement. Benjamin Franklin
- What most persons consider as virtue, after the age of 40 is simply a loss of energy. Voltaire
- Age is strictly a case of mind over matter. If you don't mind, it doesn't matter. Jack Benny
- Age is a high price to pay for maturity. Tom Stoppard
- Women deserve to have more than twelve years between the ages of twenty-eight and forty. James Thurber
- When I passed forty I dropped pretence, 'cause men like women who got some sense. Maya Angelou
- You've heard of the three ages of man - youth, middle age, and 'you're looking wonderful'. Francis Cardinal Spellman
- Middle age is when your age starts to show around your middle. Bob Hope
- At middle age the soul should be opening up like a rose, not closing up like a cabbage. John Andrew Holmes
- Middle age is when you still believe you'll feel better in the morning. Bob Hope

- Just remember, once you're over the hill you begin to pick up speed. Charles Schulz
- Middle age is the time when a man is always thinking that in a week or two he will feel as good as ever. Don Marquis
- Middle age is having a choice between two temptations and choosing the one that'll get you home earlier. Dan Bennett
- The first sign of maturity is the discovery that the volume knob also turns to the left. Jerry M. Wright
- The secret of genius is to carry the spirit of the child into old age, which mean never losing your enthusiasm. Aldous Huxley
- To me, old age is always fifteen years older than I am. Bernard M. Baruch
- To be 70 years young is sometimes far more cheerful and hopeful than to be 40 years old. Oliver Wendell Holmes, Jr.
- Be wise with speed; a fool at forty is a fool indeed. Edward Young



## Quotes on Family / Marriage

- A woman might as well propose: her husband will claim she did.  
Edgar Watson Howe
- I love being married. It's so great to find one special person you want to annoy for the rest of your life. Rita Rudner
- Love is like quicksilver in the hand. Leave the fingers open and it stays. Clutch it, and it darts away. Dorothy Parker
- Do not marry a man to reform him. That is what reform schools are for. Mae West
- A diplomat is a man who always remembers a woman's birthday but never remembers her age. Robert Frost
- Happiness is having a large, loving, caring, close-knit family in another city. George Burns
- Accidents will occur in the best-regulated families. Charles Dickens
- My family is really boring. They have a coffee table book called 'Pictures We Took Just to Use Up the Rest of the Film.' Penelope Lombard
- The greatest thing in family life is to take a hint when a hint is intended-and not to take a hint when a hint is not intended. Robert Frost
- Important families are like potatoes. The best parts are underground. Francis Bacon
- Keep your eyes wide open before marriage, and half shut afterwards. Benjamin Franklin
- Having children makes you no more a parent than having a piano makes you a pianist. Michael Levine
- In some families, 'please' is described as the magic word. In our house, however, it was 'sorry'. Margaret Laurence
- The reason grandparents and grandchildren get along so well is that they have a common enemy. Sam Levenson

- Call it a clan, call it a network, call it a tribe, call it a family: Whatever you call it, whoever you are, you need one. Jane Howard
- A family is a unit composed not only of children but of men, women, an occasional animal, and the common cold. Ogden Nash
- If you cannot get rid of the family skeleton, you may as well make it dance. George Bernard Shaw
- When our relatives are at home, we have to think of all their good points or it would be impossible to endure them. George Bernard Shaw
- I grew up with six brothers. That's how I learned to dance -waiting for the bathroom. Bob Hope
- Humans are not proud of their ancestors, and rarely invite them round to dinner. Douglas Adams
- Govern a family as you would cook a small fish - very gently. Chinese Proverb
- To lose one parent may be regarded as a misfortune; to lose both looks like carelessness. Oscar Wilde
- The family, that dear octopus from whose tentacles we never quite escape, nor in our innermost hearts never quite wish to. Dodie Smith
- Home is the place where, when you have to go there, they have to take you in. Robert Frost
- A happy home is one in which each spouse grants the possibility that the other may be right, though neither believes it. Don Fraser
- We cannot really love anybody without whom we never laugh. Alice Reppler
- A kiss is a lovely trick designed by nature to stop speech when words become superfluous. Ingrid Bergman
- A kiss is a rosy dot over the 'i' of loving. Cyrano de Bergerac
- A kiss makes the heart young again and wipes out the years. Rupert Brooke
- A loving heart is the beginning of all knowledge. Thomas Carlyle
- A very small degree of hope is sufficient to cause the birth of love. Stendhal

- A woman knows the face of the man she loves as a sailor knows the open sea. Honore de Balzac

## Quotes on Friends / Friendship

- True friendship is like sound health; the value of it is seldom known until it be lost. Charles Caleb Colton
- My friends are my estate. Emily Dickinson
- A friend is one who walks in when others walk out. Walter Winchell
- A friend is someone who is there for you when he'd rather be anywhere else. Len Wein
- It takes a long time to grow an old friend. John Leonard
- Your friend is the man who knows all about you, and still likes you. Elbert Hubbard
- I get by with a little help from my friends. John Lennon
- I might give my life for my friend, but he had better not ask me to do up a parcel. Logan Pearsall Smith
- The better part of one's life consists of his friendships. Abraham Lincoln
- To be depressed is to be lonely; to have a friend is to be happy... Guido
- The greatest good you can do for another is not just share your riches, but to reveal to him, his own. Benjamin Disraeli
- I can trust my friends. These people force me to examine, encourage me to grow. Cher
- Treat people as if they were what they ought to be and you help them to become what they are capable of being. Goethe
- No love, no friendship, can cross the path of our destiny without leaving some mark on it forever. Francois Mucuriac
- Friendship is one mind in two bodies. Mencius
- True friendship is never serene. Mariede Svign
- It's the friends you can call up at 4am that matter. Marlene Dietrick
- A friend is a gift you give yourself. Robert Louis Stevenson
- A new friendship is like an unripened fruit - it may become either an orange or a lemon. Emma Stacey

- Friendship with oneself is all-important because without it one cannot be friends with anyone else in the world. Eleanor Roosevelt
- If you judge people, you have no time to love them. Mother Teresa
- I will speak ill of no man, and speak all the good I know of everybody. Benjamin Franklin
- Misfortune shows those who are not really friends. Aristotle
- Grief can take care of itself, but to get the full value of joy you must have somebody to divide it with. Mark Twain
- Advice is like snow; the softer it falls, the longer it dwells upon, and the deeper it sinks into the mind. Samuel Taylor Coleridge
- The best mirror is an old friend. George Herbert
- Friends always show their love. What are brothers for if not to share troubles? Proverbs 17:17
- Some friendships do not last, but some friends are more loyal than brothers. Proverbs 18:24
- An honest answer is the sign of true friendship. Proverbs 24:26
- A friend means well, even when he hurts you. But when an enemy puts his hand round your shoulder - watch out! Proverbs 27:6
- Two are better than one; because they have a good reward for their labour. For if they fall, the one will lift up his fellow. Ecclesiastes
- God is not so wary as we, else He would give us no friends, lest we forget Him. Emily Dickinson
- The greatest love a person can have for his friends is to give his life for them. John 15:13
- A faithful friend is a sturdy shelter; he who finds one finds a treasure. Sirach 6:14
- I have lost friends, some by death, others through sheer inability to cross the street. Virginia Woolf
- The best time to make friends is before you need them. Ether Barrymore
- We must hang together, or surely we shall hang separately. Benjamin Franklin
- There are 3 faithful friends, an old wife, an old dog, and ready money. Benjamin Franklin

- You want a friend in Washington? Get a dog. Harry Truman
- A true friend stabs you in the front. Oscar Wilde
- Friendship is like money, easier made than kept. Samuel Butler
- A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked. Bernard Meltzer
- The proper office of a friend is to side with you when you are wrong. Nearly anybody will side with you when you are right. Mark Twain
- 'Tis the privilege of friendship to talk nonsense, and have her nonsense respected. Charles Lamb
- Business, you know, may bring money, but friendship hardly ever does. Jane Austen
- A friend to all is a friend to none. Aristotle
- Anyone can sympathize with the sufferings of a friend, but it requires a very fine nature to sympathize with a friend's success. Oscar Wilde
- Be civil to all; sociable to many; familiar with few; friend to one; enemy to none. Benjamin Franklin
- Be to yourself as you would to your friend. William Shakespeare

## Quotes on Love

- Come live in my heart, and pay no rent. Samuel Lover
- You give but little when you give of your possessions. It is when you give of yourself that you truly give. Kahlil Gibran
- Affection is responsible for nine-tenths of whatever solid and durable happiness there is in our lives. CS Lewis
- At the touch of love everyone becomes a poet. Plato
- Before I met my husband, I'd never fallen in love. I'd stepped in it a few times. Rita Rudner
- Being deeply loved by someone gives you strength, while loving someone deeply gives you courage. Lao Tzu
- Can miles truly separate you from friends... If you want to be with someone you love, aren't you already there? Richard Bach
- Do all things with love. Og Mandino
- A very small degree of hope is sufficient to cause the birth of love. Stendhal
- A woman knows the face of the man she loves as a sailor knows the open sea. Honore de Balzac
- Affection is responsible for nine-tenths of whatever solid and durable happiness there is in our lives. C. S. Lewis
- All love shifts and changes. I don't know if you can be wholeheartedly in love all the time. Julie Andrews
- All mankind love a lover. Ralph Waldo Emerson
- All my life, my heart has yearned for a thing I cannot name. Andre Breton
- As soon go kindle fire with snow, as seek to quench the fire of love with words. William Shakespeare
- Can miles truly separate you from friends... If you want to be with someone you love, aren't you already there? Richard Bach
- Come live in my heart, and pay no rent. Samuel Lover
- Never go to bed mad -- stay up and fight. Phyllis Diller

- Love has the power of making you believe what you would normally treat with the deepest suspicion. Mirabeau
- Three things can't be hidden: coughing, poverty, and love. Yiddish proverb



## Quotes on Nature

- Nature is just enough; but men and women must comprehend and accept her suggestions. Antoinette Brown Blackwell
- The least movement is of importance to all nature. The entire ocean is affected by a pebble. Blaise Pascal
- Nature is an infinite sphere of which the center is everywhere and the circumference nowhere. Blaise Pascal
- Watching birds has become part of my daily meditation affirming my connection to the earth body. Carol P. Christ
- The richness I achieve comes from nature, the source of my inspiration. Claude Monet
- We cannot command nature except by obeying her. Francis Bacon
- Nature, to be controlled, must be obeyed. Francis Bacon
- Study nature, love nature, stay close to nature. It will never fail you. Frank Lloyd Wright
- To me a lush carpet of pine needles or spongy grass is more welcome than the most luxurious Persian rug. Helen Keller
- Nature abhors a vacuum, and if I can only walk with sufficient carelessness I am sure to be filled. Henry David Thoreau
- A weed is no more than a flower in disguise. James Russell Lowell
- There is nothing pleasanter than spading when the ground is soft and damp. John Steinbeck
- Cats are intended to teach us that not everything in nature has a function. Joseph Wood Krutch
- The day I see a leaf is a marvel of a day. Kenneth Patton
- If people think that nature is their friend, then they sure don't need an enemy. Kurt Vonnegut
- A flower is an educated weed. Luther Burbank
- To forget how to dig the earth and to tend the soil is to forget ourselves. Mohandas Gandhi
- Trees are the earth's endless effort to speak to the listening heaven. Rabindranath Tagore

- Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts. Rachel Carson
- Those who dwell, as scientists or laymen, among the beauties and mysteries of the earth are never alone or weary of life. Rachel Carson
- The happiest man is he who learns from nature the lesson of worship. Ralph Waldo Emerson
- Nature is a mutable cloud which is always and never the same. Ralph Waldo Emerson
- What is a weed? A plant whose virtues have not yet been discovered. Ralph Waldo Emerson
- Everything in nature contains all the power of nature. Everything is made of one hidden stuff. Ralph Waldo Emerson
- Birth, life, and death -- each took place on the hidden side of a leaf. Toni Morrison
- The world is always in movement. V. S. Naipaul
- I believe a leaf of grass is no less than the journey-work of the stars. Walt Whitman
- How strange that Nature does not knock, and yet does not intrude! Emily Dickinson, letter to Mrs. J.S. Cooper, 1880
- I only went out for a walk and finally concluded to stay out till sundown, for going out, I found, was really going in. John Muir
- What humbugs we are, who pretend to live for Beauty, and never see the Dawn! Logan Pearsall Smith
- Man's heart away from nature becomes hard. Standing Bear
- How glorious a greeting the sun gives the mountains! John Muir
- Adopt the pace of nature: her secret is patience. Ralph Waldo Emerson
- God writes the gospel not in the Bible alone, but on trees and flowers and clouds and stars. Martin Luther
- Forget not that the earth delights to feel your bare feet and the winds long to play with your hair. Kahlil Gibran
- The poetry of the earth is never dead. John Keats
- In wilderness I sense the miracle of life, and behind it our scientific accomplishments fade to trivia. Charles A. Lindbergh

- Never does nature say one thing and wisdom another. Juvenal, Satires
- You can't be suspicious of a tree, or accuse a bird or a squirrel of subversion or challenge the ideology of a violet. Hal Borland
- I believe a leaf of grass is no less than the journey-work of the stars. Walt Whitman
- Everybody needs beauty as well as bread, places to play in and pray in, where nature may heal and give strength to body and soul. John Muir
- To sit in the shade on a fine day and look upon verdure is the most perfect refreshment. Jane Austen
- Nature does not hurry, yet everything is accomplished. Lao Tzu
- The sky is the daily bread of the eyes. Ralph Waldo Emerson
- Great things are done when men and mountains meet. This is not done by jostling in the street. William Blake
- Innovative capitalists have tried to rewrite nature, but to no avail. Astrid Alauda
- What makes the desert beautiful is that somewhere it hides a well. Antoine de Saint-Exupery
- One touch of nature makes the whole world kin. William Shakespeare
- I can enjoy society in a room; but out of doors, nature is company enough for me. William Hazlitt

## Quotes on Christmas

- Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful. Norman Vincent Peale
- Christmas is a time when you get homesick - even when you're home. Carol Nelson
- He who has not Christmas in his heart will never find it under a tree. Roy L. Smith
- The best of all gifts around any Christmas tree: the presence of a happy family all wrapped up in each other. Burton Hillis
- There has been only one Christmas - the rest are anniversaries. W.J. Cameron
- I will honor Christmas in my heart, and try to keep it all the year. Charles Dickens
- Never worry about the size of your Christmas tree. In the eyes of children, they are all 30 feet tall. Larry Wilde
- Christmas is the season for kindling the fire of hospitality in the hall, the genial flame of charity in the heart. Washington Irving
- Gifts of time and love are surely the basic ingredients of a truly merry Christmas. Peg Bracken
- At Christmas, all roads lead home. Marjorie Holmes
- It is Christmas in the heart that puts Christmas in the air. W.T. Ellis
- Christmas means fellowship, feasting, giving and receiving, a time of good cheer, home. W.J. Ronald Tucker
- Blessed is the season which engages the whole world in a conspiracy of love! Hamilton Wright Mabie
- I wish we could put up some of the Christmas spirit in jars and open a jar of it every month. Harlan Miller
- Christmas is the day that holds all time together. Alexander Smith
- From a commercial point of view, if Christmas did not exist it would be necessary to invent it. Katharine Whitehorn
- Christmas is not as much about opening our presents as opening our hearts. Janice Maeditere

- Only in souls the Christ is brought to birth, And there He lives and dies. Alfred Noyes
- For the spirit of Christmas fulfils the greatest hunger of mankind. Loring A. Schuler
- This is the message of Christmas: We are never alone. Taylor Caldwell
- At Christmas play and make good cheer, For Christmas comes but once a year. Thomas Tusser
- To perceive Christmas through its wrapping becomes more difficult with every year. E.B. White, *The Distant Music of the Hounds*
- The perfect Christmas tree? All Christmas trees are perfect! Charles N. Barnard
- Great little One! whose all-embracing birth, Lifts Earth to Heaven, stoops Heaven to Earth. Richard Crashaw
- I do like Christmas on the whole.... In its clumsy way, it does approach Peace and Goodwill. But it is clumsier every year. E.M. Forster
- As long as we know in our hearts what Christmas ought to be, Christmas is. Eric Sevareid
- The best Christmas trees come very close to exceeding nature. Andy Rooney
- The Christmas season has come to mean the period when the public plays Santa Claus to the merchants. John Andrew Holmes
- If ifs and buts were candy and nuts, wouldn't it be a Merry Christmas? Don Meredith
- Mankind is a great, an immense family. This is proved by what we feel in our hearts at Christmas. Pope John XXIII
- There are no strangers on Christmas Eve. Mildred Cram and Adele Comandini
- No matter how carefully you stored the lights last year, they will be snarled again this Christmas. Robert Kirby
- Like snowflakes, my Christmas memories gather and dance - each beautiful, unique and too soon gone. Deborah Whipp

- There's nothing sadder in this world than to awake Christmas morning and not be a child. Erma Bombeck
- The one thing women don't want to find in their stockings on Christmas morning is their husband. Joan Rivers
- The earth has grown old with its burden of care, But at Christmas it always is young.... Phillips Brooks
- Nothing's as mean as giving a little child something useful for Christmas. Kin Hubbard
- The worst gift is a fruitcake. There is only one fruitcake in the entire world, and people keep sending it to each other. Johnny Carson
- Have yourself a merry little Christmas, make the Yuletide gay. Ralph Blane
- It is good to be children sometimes, and never better than at Christmas when its mighty Founder was a child Himself. Charles Dickens
- I once bought my kids a set of batteries for Christmas with a note on it saying, toys not included. Bernard Manning
- Next to a circus there ain't nothing that packs up and tears out faster than the Christmas spirit. Kin Hubbard
- Keep your Christmas-heart open all the year round. Jessica Archmint
- Mail your packages early so the post office can lose them in time for Christmas. Johnny Carson
- Christmas is a day of meaning and traditions, a special day spent in the warm circle of family and friends. Margaret Thatcher
- Santa is very jolly because he knows where all the bad girls live. Dennis Miller
- Which Christmas is the most vivid to me? It's always the next Christmas. Joanne Woodward

## Quotes on Remembrance Day / Veterans

- In war, there are no unwounded soldiers. Jose Narosky
- But the freedom that they fought for, and the country grand they wrought for, is their monument to-day, and for aye. Thomas Dunn English
- We only need to look at what we are really doing in the world and at home and we'll know what it is to be Canadian. Adrienne Clarkson
- On thy grave the rain shall fall from the eyes of a mighty nation!  
Thomas William Parsons
- With the tears a Land hath shed, Their graves should ever be green.  
Thomas Bailey Aldrich
- Green sods are all their monuments; and yet it tells A nobler history than pillared piles, Or the eternal pyramids. James Gates Percival
- Is't death to fall for Freedom's right? He's dead alone who lacks her light! Thomas Campbell
- For love of country they accepted death... James A. Garfield
- They fell, but o'er their glorious grave Floats free the banner of the cause they died to save. Francis Marion Crawford
- Death leaves a heartache no one can heal, love leaves a memory no one can steal. From a headstone in Ireland
- The brave die never, though they sleep in dust: Their courage nerves a thousand living men. Minot J. Savage
- The legacy of heroes is the memory of a great name and the inheritance of a great example. Benjamin Disraeli
- They are dead; but they live in each Patriot's breast, And their names are engraven on honor's bright crest. Henry Wadsworth Longfellow
- Peace to each manly soul that sleepeth; Rest to each faithful eye that weepeth... Thomas Moore
- But the freedom that they fought for, and the country grand they wrought for, Is their monument to-day, and for aye. Thomas Dunn English

- The patriot's blood is the seed of Freedom's tree. Thomas Campbell
- Better than honor and glory, and History's iron pen, Was the thought of duty done and the love of his fellow-men. Richard Watson Gilder
- A hero is someone who has given his or her life to something bigger than oneself. Joseph Campbell
- Who kept the faith and fought the fight; The glory theirs, the duty ours. Wallace Bruce
- Life hangs as nothing in the scale against dear Liberty! Lucy Larson
- All we have of freedom, all we use or know - This our fathers bought for us long and long ago. Rudyard Kipling
- Their silent wounds have speech More eloquent than men; Their tones can deeper reach Than human voice or pen. William Woodman
- The dead soldier's silence sings our national anthem. Aaron Kilburn
- The story of America's quest for freedom is inscribed on her history in the blood of her patriots. Randy Vader
- They hover as a cloud of witnesses above this Nation. Henry Ward Beecher
- These martyrs of patriotism gave their lives for an idea. Schuyler Colfax
- For death is no more than a turning of us over from time to eternity. William Penn
- Ah! never shall the land forget How gushed the life-blood of her brave - William Cullen Bryant
- Dead upon the field of glory, Hero fit for song and story. John Randolph Thomason
- Knights of the spirit; warriors in the cause Of justice absolute 'twixt man and man. Richard Watson Gilder
- We come, not to mourn our dead soldiers, but to praise them. Francis A. Walker
- How important it is for us to recognize and celebrate our heroes and she-roes! Maya Angelou
- When our perils are past, shall our gratitude sleep? George Canning
- Courage is almost a contradiction in terms. It means a strong desire to live taking the form of readiness to die. G.K. Chesterton



- This nation will remain the land of the free only so long as it is the home of the brave. Elmer Davis
- But the freedom that they fought for, and the country grand they wrought for, Is their monument to-day, and for aye. Thomas Dunn English
- I think there is one higher office than president and I would call that patriot. Gary Hart
- Lord, bid war's trumpet cease; Fold the whole earth in peace. Oliver Wendell Holmes
- As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. John F Kennedy
- The most persistent sound which reverberates through men's history is the beating of war drums. Arthur Koestler
- I dream of giving birth to a child who will ask, 'Mother, what was war?' Eve Merriam
- Valor is stability, not of legs and arms, but of courage and the soul. Michel de Montaigne
- In war, there are no unwounded soldiers. Jose Narosky
- We often take for granted the very things that most deserve our gratitude. Cynthia Ozark
- The more we sweat in peace the less we bleed in war. Vijay Lakshmi Pandit

## Quotes on School / Teaching / Teachers

- If you have knowledge, let others light their candles at it. Margaret Fuller
- A good teacher is a master of simplification and an enemy of simplism. Louis A. Berman
- Good teachers are costly, but bad teachers cost more. Bob Talbert
- The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires. William Arthur Ward
- What the teacher is, is more important than what he teaches. Karl Menninger
- Teaching is not a lost art, but the regard for it is a lost tradition. Jacques Barzun
- A teacher's job is to take a bunch of live wires and see that they are well-grounded. D. Martin
- When you teach your son, you teach your son's son. The Talmud
- The average teacher explains complexity; the gifted teacher reveals simplicity. Robert Brault,
- Who dares to teach must never cease to learn. John Cotton Dana
- A teacher should have maximal authority, and minimal power. Thomas Szaz
- To teach is to learn twice. Joseph Joubert, *Pensées*, 1842
- The object of teaching a child is to enable him to get along without his teacher. Elbert Hubbard
- The art of teaching is the art of assisting discovery. Mark Van Doren
- The only reason I always try to meet and know the parents better is because it helps me to forgive their children. Louis Johannot
- A teacher affects eternity; he can never tell where his influence stops. Henry B Adams
- The first problem for all of us, men and women, is not to learn, but to unlearn. Gloria Steinem

- If the only tool you have is a hammer, you tend to see every problem as a nail. Abraham Maslow
- Children have never been very good at listening to their elders, but they have never failed to imitate them. James Baldwin
- Education is a progressive discovery of our own ignorance. Will Durant
- Tell me and I'll forget; show me and I may remember; involve me and I'll understand. Chinese proverb
- If someone is going down the wrong road, he doesn't need motivation to speed him up. What he needs is education to turn him around. Jim Rohn
- People learn something every day, and a lot of times it's that what they learned the day before was wrong. Bill Vaughan
- Education costs money, but then so does ignorance. Claus Moser
- What sculpture is to a block of marble education is to the human soul. Joseph Addison
- Education makes a people easy to lead but difficult to drive: easy to govern, but impossible to enslave. Peter Brougham
- If people did not do silly things, nothing intelligent would ever get done. Ludwig Wittgenstein
- The beautiful thing about learning is that no one can take it away from you. B.B. King
- The only thing that interferes with my learning is my education. Albert Einstein
- Learning without thought is labor lost; thought without learning is perilous. Confucius
- You cannot open a book without learning something. Confucius
- Leadership and learning are indispensable to each other. John F. Kennedy
- No man ever prayed heartily without learning something. Ralph Waldo Emerson
- It is only when we forget all our learning that we begin to know. Henry David Thoreau

- The learning and knowledge that we have, is, at the most, but little compared with that of which we are ignorant. Plato
- We do not learn; and what we call learning is only a process of recollection. Plato
- I would fain grow old learning many things. Plato
- Learning never exhausts the mind. Leonardo da Vinci
- I like a teacher who gives you something to take home to think about besides homework. Lily Tomlin as Edith Ann
- In teaching you cannot see the fruit of a day's work. It is invisible and remains so, maybe for twenty years. Jacques Barzun
- A teacher is one who makes himself progressively unnecessary. Thomas Carruthers
- Good teaching is one-fourth preparation and three-fourths theater. Gail Godwin
- A teacher who is attempting to teach without inspiring the pupil with a desire to learn is hammering on cold iron. Horace Mann
- A teacher affects eternity; he can never tell where his influence stops. Henry Brooks Adams
- A good teacher is like a candle - it consumes itself to light the way for others. Mustafa Kemal Atatürk, translated from Turkish

## Quotes on Thanksgiving / Gratitude

- If the only prayer you said in your whole life was, thank you, that would suffice. Meister Eckhart
- As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them. John Fitzgerald Kennedy
- Thanksgiving, after all, is a word of action. W.J. Cameron
- He who thanks but with the lips Thanks but in part; The full, the true Thanksgiving Comes from the heart. J.A. Shedd
- Thanksgiving was never meant to be shut up in a single day. Robert Caspar Lintner
- An optimist is a person who starts a new diet on Thanksgiving Day. Irv Kupcinec
- We can only be said to be alive in those moments when our hearts are conscious of our treasures. Thornton Wilder
- Dear Lord; we beg but one boon more: Peace in the hearts of all men living, peace in the whole world this Thanksgiving. Joseph Auslander
- On Thanksgiving Day we acknowledge our dependence. William Jennings Bryan
- Forever on Thanksgiving Day The heart will find the pathway home. Wilbur D. Nesbit
- Grace isn't a little prayer you chant before receiving a meal. It's a way to live. Attributed to Jacqueline Winspear
- A thankful heart is not only the greatest virtue, but the parent of all the other virtues. Cicero
- Coexistence: what the farmer does with the turkey - until Thanksgiving. Mike Connolly
- God has two dwellings; one in heaven, and the other in a meek and thankful heart. Izaak Walton
- Thanksgiving, man. Not a good day to be my pants. Kevin James

- Perhaps it takes a purer faith to praise God for unrealized blessings than for those we once enjoyed or those we enjoy now. A.W. Tozer
- Nothing is more honorable than a grateful heart. Seneca
- All that we behold is full of blessings. William Wordsworth
- For what I give, not what I take, For battle, not for victory, My prayer of thanks I make. Odell Shepard
- Lord that lends me life, Lend me a heart replete with thankfulness. William Shakespeare
- And though I ebb in worth, I'll flow in thanks. John Taylor
- Gratitude is the sign of noble souls. Aesop
- Feeling gratitude and not expressing it is like wrapping a present and not giving it. William Arthur Ward
- I suppose I will die never knowing what pumpkin pie tastes like when you have room for it. Robert Brault
- Small cheer and great welcome makes a merry feast. William Shakespeare
- God gave you a gift of 86,400 seconds today. Have you used one to say thank you? William A. Ward
- When our perils are past, shall our gratitude sleep? George Canning
- Thanksgiving is nothing if not a glad and reverent lifting of the heart to God in honor and praise for His goodness. Robert Casper Lintner
- Got no check books, got no banks. Still I'd like to express my thanks - I got the sun in the morning and the moon at night. Irving Berlin
- If you count all your assets, you always show a profit. Robert Quillen

## Quotes on Canada

- A Canadian is someone who knows how to make love in a canoe. Pierre Berton Attributed.
- As far as I'm concerned, I wouldn't want to go to any other country. It's good enough here. Orviel Kruse
- Canada has never been a melting-pot; more like a tossed salad. Arnold Edinborough
- Canada is a country so square that even the female impersonators are women. Richard Benner
- Canada is an interesting place, the rest of the world thinks so, even if Canadians don't. Terence M. Green
- Canada is the linchpin of the English-speaking world. Winston Churchill
- Canada is the only country in the world that knows how to live without an identity. Marshall McLuhan
- Canada's national bird is the grouse. Stuart Keate
- Canadians don't have a very big political lever, we're nice guys. Paul Henderson
- For some reason a glaze passes over people's faces when you say Canada. Maybe we should invade South Dakota or something. Sandra Gotlieb
- I always thought of this as God's country. Jack Granatstein
- I am rather inclined to believe that this is the land God gave to Cain. Jacques Cartier
- I am so excited about Canadians ruling the world. John Diefenbaker
- I don't even know what street Canada is on. Al Capone
- If you don't believe your country should come before yourself, you can better serve your country by livin' someplace else. Stompin' Tom
- It is wonderful to feel the grandness of Canada in the raw. Emily Carr
- Our faith in the people is great. Our courage is strong. And our dreams for this beautiful country will never die. Pierre Trudeau

- The huge advantage of Canada is its backwardness. Marshall McLuhan
- Until I came to Canada I never knew 'snow' was a four letter word. Alberto Manguel
- Vive la Canada. This country is not for sale. Don Sweet
- When I'm in Canada, I feel this is what the world should be like. Jane Fonda
- He shall have dominion also from sea unto sea, and from the river unto the ends of the earth. Psalm 72
- We'll explain the appeal of curling to you if you explain the appeal of the National Rifle Association to us. Andy Barrie
- Canadian pride may not rest on our sleeves, but it resides deeply in our hearts. Steve Miller
- I wouldn't let someone take my Canadian citizenship from me for anything. Jim Kale
- Let us be French, let us be English, but most importantly let us be Canadian! John A. Macdonald
- There are few, if any, Canadian men that have never spelled their name in a snow bank. Douglas Coupland



## Quotes on Summer

- Ah, summer, what power you have to make us suffer and like it. Russel Baker
- A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken. James Dent
- If a June night could talk, it would probably boast it invented romance. Bern Williams
- Summer set lip to earth's bosom bare, And left the flushed print in a poppy there. Francis Thompson
- To see the Summer Sky Is Poetry, though never in a Book it lie - True Poems flee. Emily Dickinson
- I question not if thrushes sing, If roses load the air; Beyond my heart I need not reach When all is summer there. John Vance Cheney
- Oh, the summer night Has a smile of light And she sits on a sapphire throne. Barry Cornwall
- There shall be eternal summer in the grateful heart. Celia Thaxter
- The summer night is like a perfection of thought. Wallace Stevens
- In summer, the song sings itself. William Carlos Williams
- Deep summer is when laziness finds respectability. Sam Keen
- Summer has set in with its usual severity. Samuel Taylor Coleridge
- People don't notice whether it's winter or summer when they're happy. Anton Chekhov
- A life without love is like a year without summer. Swedish Proverb
- Do what we can, summer will have its flies. Ralph Waldo Emerson
- Heat, ma'am! it was so dreadful here, that I found there was nothing left for it but to take off my flesh and sit in my bones. Sydney Smith
- No price is set on the lavish summer; June may be had by the poorest comer. James Russell Lowell

- Summer afternoon - summer afternoon; to me those have always been the two most beautiful words in the English language. Henry James
- In summer, the song sings itself. William Carlos Williams
- When summer gathers up her robes of glory, and like a dream of beauty glides away. Sarah Helen Power Whitman
- Like a welcome summer rain, humor may suddenly cleanse and cool the earth, the air and you. Langston Hughes
- What dreadful hot weather we have! It keeps me in a continual state of inelegance. Jane Austen
- This bud of love, by summer's ripening breath, May prove a beauteous flower when next we meet. William Shakespeare
- Summer's lease hath all too short a date. William Shakespeare
- August creates as she slumbers, replete and satisfied. Joseph Wood Krutch
- If there were no tribulation, there would be no rest; if there were no winter, there would be no summer. St. John Chrysostom
- I know I am but summer to your heart, and not the full four seasons of the year. Edna St. Vincent Millay
- Knowing trees, I understand the meaning of patience. Knowing grass, I can appreciate persistence. Hal Borland
- The summer night is like a perfection of thought. Wallace Stevens
- If you saw a heat wave, would you wave back? Steven Wright

## Quotes on Mothers / Motherhood

- A mother is a person who seeing there are only 4 pieces of pie for 5 people, promptly announces she never did care for pie. Tenneva Jordan
- Being a full-time mother is one of the highest salaried jobs in my field, since the payment is pure love. Mildred B. Vermont
- A suburban mother's role is to deliver children obstetrically once, and by car forever after. Peter De Vries
- The phrase working mother is redundant. Jane Sellman
- If the whole world were put into one scale, and my mother in the other, the whole world would kick the beam. Lord Langdale
- I remember my mother's prayers and they have always followed me. They have clung to me all my life. Abraham Lincoln
- If you have a mom, there is nowhere you are likely to go where a prayer has not already been. Robert Brault
- Sweater, n.: garment worn by child when its mother is feeling chilly. Ambrose Bierce
- The heart of a mother is a deep abyss at the bottom of which you will always find forgiveness. Honoré de Balzac
- All women become like their mothers. That is their tragedy. No man does. That's his. Oscar Wilde, *The Importance of Being Earnest*, 1895
- He is a poor son whose sonship does not make him desire to serve all men's mothers. Harry Emerson Fosdick
- Thou art thy mother's glass, and she in thee Calls back the lovely April of her prime. William Shakespeare
- An ounce of mother is worth a pound of clergy. Spanish Proverb
- She never quite leaves her children at home, even when she doesn't take them along. Margaret Culkin Banning
- If evolution really works, how come mothers only have two hands? Milton Berle
- Motherhood is priced Of God, at price no man may dare To lessen or misunderstand. Helen Hunt Jackson

- Mothers are fonder than fathers of their children because they are more certain they are their own. Aristotle
- Women are aristocrats, and it is always the mother who makes us feel that we belong to the better sort. John Lancaster Spalding
- Motherhood has a very humanizing effect. Everything gets reduced to essentials. Meryl Streep
- The sweetest sounds to mortals given Are heard in Mother, Home, and Heaven. William Goldsmith Brown
- Mother love is the fuel that enables a normal human being to do the impossible. Marion C. Garretty
- I love my mother as the trees love water and sunshine - she helps me grow, prosper, and reach great heights. Terri Guillemets
- [A] mother is one to whom you hurry when you are troubled. Emily Dickinson
- Any mother could perform the jobs of several air traffic controllers with ease. Lisa Alther
- Now, as always, the most automated appliance in a household is the mother. Beverly Jones
- That best academy, a mother's knee. James Russell Lowell
- A mother's arms are made of tenderness and children sleep soundly in them. Victor Hugo
- The only mothers it is safe to forget on Mother's Day are the good ones. Mignon McLaughlin
- There is an instinct in a woman to love most her own child - and an instinct to make any child who needs her love, her own. Robert Brault
- A mom forgives us all our faults, not to mention one or two we don't even have. Robert Brault
- With what price we pay for the glory of motherhood. Isadora Duncan
- One good mother is worth a hundred schoolmasters. George Herbert
- There's nothing like a mama-hug. Terri Guillemets
- Mother's love is peace. It need not be acquired, it need not be deserved. Erich Fromm

- Mother is a verb, not a noun. Proverb
- Mother - that was the bank where we deposited all our hurts and worries. T. DeWitt Talmage
- Being a mother is learning about strengths you didn't know you had, and dealing with fears you didn't know existed. Linda Wooten
- The precursor of the mirror is the mother's face. D.W. Winnicott
- Mother is the name for God in the lips and hearts of little children. William Makepeace Thackeray
- Mother's love grows by giving. Charles Lamb
- A mom reads you like a book, and wherever she goes, people read you like a glowing book review. Robert Brault
- A little girl, asked where her home was, replied, where mother is. Keith L. Brooks
- Whatever else is unsure in this stinking dunghill of a world a mother's love is not. James Joyce
- It's not easy being a mother. If it were easy, fathers would do it. From the television show *The Golden Girls*
- The mother's heart is the child's school-room. Henry Ward Beecher
- Every beetle is a gazelle in the eyes of its mother. Moorish Proverb
- All that I am or ever hope to be, I owe to my angel Mother. Abraham Lincoln
- Women who miscalculate are called mothers. Abigail Van Buren

## Quotes on Fathers / Fatherhood

- He didn't tell me how to live; he lived, and let me watch him do it. Clarence Budington Kelland
- Love and fear. Everything the father of a family says must inspire one or the other. Joseh Joubert
- One father is more than a hundred Schoolemasters. George Herbert
- Blessed indeed is the man who hears many gentle voices call him father! Lydia M. Child
- A father is always making his baby into a little woman. And when she is a woman he turns her back again. Enid Bagnold
- Sometimes the poorest man leaves his children the richest inheritance. Ruth E. Renkel
- My father, when he went, made my childhood a gift of a half a century. Antonio Porchia
- It is much easier to become a father than to be one. Kent Nerburn
- I love my father as the stars - he's a bright shining example and a happy twinkling in my heart. Terri Guillemets
- My daddy, he was somewhere between God and John Wayne. Hank Williams, Jr.
- Old as she was, she still missed her daddy sometimes. Gloria Naylor
- You will find that if you really try to be a father, your child will meet you halfway. Robert Brault
- Sons are for fathers the twice-told tale. Victoria Secunda
- Why are men reluctant to become fathers? They aren't through being children. Cindy Garner
- Fathers represent another way of looking at life - the possibility of an alternative dialogue. Louise J. Kaplan
- Fatherhood is pretending the present you love most is soap-on-a-rope. Bill Cosby
- Love and fear. Everything the father of a family says must inspire one or the other. Joseph Joubert

- It is easier for a father to have children than for children to have a real father. Pope John XXIII
- Noble fathers have noble children. Euripides
- My mother protected me from the world and my father threatened me with it. Quentin Crisp
- The father who does not teach his son his duties is equally guilty with the son who neglects them. Confucius
- Nothing I've ever done has given me more joys and rewards than being a father to my children. Bill Cosby
- My father gave me the greatest gift anyone could give another person, he believed in me. Jim Valvano
- It is a wise father that knows his own child. William Shakespeare
- Train up a child in the way which he should go and when he is old he will not depart from it. Proverbs 22:6
- I cannot think of any need in childhood as strong as the need for a father's protection. Sigmund Freud
- I talk and talk and talk, and I haven't taught people in 50 years what my father taught by example in one week. Mario Cuomo
- I have never been a material girl. My father always told me never to love anything that cannot love you back. Imelda Marcos
- My father always used to say that when you die, if you've got five real friends, then you've had a great life. Lee Iacocca
- To a father growing old nothing is dearer than a daughter. Euripides
- A man knows when he is growing old because he begins to look like his father. Gabriel Garcia Marquez
- The worst misfortune that can happen to an ordinary man is to have an extraordinary father. Austin O'Malley
- By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong. Charles Wasworth
- There must always be a struggle between a father and son, while one aims at power and the other at independence. Samuel Johnson
- Never raise your hand to your kids. It leaves your groin unprotected. Red Buttons

- I remember the time I was kidnapped and they sent a piece of my finger to my father. He said he wanted more proof. Rodney Dangerfield
- My father carries around the picture of the kid who came with his wallet. Rodney Dangerfield
- A man never stands as tall as when he kneels to help a child. Knights of Pythagoras
- Don't make a baby if you can't be a father. National Urban League Slogan
- The place of the father in the modern suburban family is a very small one, particularly if he plays golf. Bertrand Russell
- My Father had a profound influence on me, he was a lunatic. Spike Milligan
- It is not flesh and blood but the heart which makes us fathers and sons. Johann Schiller
- Watching your husband become a father is really sexy and wonderful. Cindy Crawford
- When a father gives to his son, both laugh; when a son gives to his father, both cry. Jewish Proverb
- If a son is uneducated, his dad is to blame. Chinese Proverb
- It kills you to see them grow up. But I guess it would kill you quicker if they didn't. Barbara Kingsolver



## Quotes on Motivation / Perseverance / Failure

- Motivation is what gets you started. Habit is what keeps you going.  
Jim Ryun
- Never let the fear of striking out get in your way. George Herman Babe Ruth
- Do not wait to strike until the iron is hot; but make it hot by striking.  
William B. Sprague
- Perseverance is failing 9 times and succeeding the 10th. J. Andrews
- Who bravely dares must sometimes risk a fall. Tobias George Smollett
- Success is never final and failure never fatal. It's courage that counts.  
George F. Tilton
- I have not failed. I've just found 10,000 ways that won't work.  
Thomas Edison
- A life spent making mistakes is not only more honorable but more useful than a life spent in doing nothing. George Bernard Shaw
- Courage is going from failure to failure without losing enthusiasm.  
Winston Churchill
- Success consists of going from failure to failure without loss of enthusiasm. Winston Churchill



Ruth L. Snyder was privileged to spend the first 10 years of her life in southern Africa where her parents served as missionaries. From there her family moved to Canada, settling in Three Hills, Alberta. Ruth enjoyed her years as a "staff kid" at Prairie and is grateful for the biblical grounding she received there. She now resides close to Glendon (the pyrogy capital of Alberta, Canada) with her husband and five young children. Ruth enjoys writing articles, devotionals, short stories, and Christian fiction. She is author of [Cecile's Christmas Miracle](#), [Life Lessons](#), [Shadows and Sunshine](#), and [Uplifting Devotionals for Parents](#).

Ruth is a member of The Word Guild and The Christian PEN. She currently serves as the President of [InScribe Christian Writers' Fellowship](#).

Ruth's children have taught her many things about living with special needs. She is a strong advocate who spent several years serving on her local public school board.

Ruth loves her job teaching Music for Young Children. She is fascinated by children's imaginations and enjoys helping young children learn the basics of music through play.

In her spare time, Ruth enjoys reading, crafts, volunteering in her local community, photography, and travel. Several years ago, Ruth and her family traveled through 28 States in 30 days!

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NOTE: *Learn Twitter: 10 Beginning Steps* will be available from Amazon later in 2015.